

## Appendix 15.1: Glossary of Acoustic Terminology

### Noise

Noise is defined as unwanted sound. Human ears are able to respond to sound in the frequency range 20 Hz (deep bass) to 20,000 Hz (high treble) and over the audible range of 0 dB (the threshold of perception) to 140 dB (the threshold of pain). The ear does not respond equally to different frequencies of the same magnitude, but is more responsive to mid-frequencies than to lower or higher frequencies. To quantify noise in a manner that approximates the response of the human ear, a weighting mechanism is used. This reduces the importance of lower and higher frequencies, in a similar manner to the human ear.

Furthermore, the perception of noise may be determined by a number of other factors, which may not necessarily be acoustic. In general, the impact of noise depends upon its level, the margin by which it exceeds the background level, its character and its variation over a given period of time. In some cases, the time of day and other acoustic features such as tonality or impulsiveness may be important, as may the disposition of the affected individual. Any assessment of noise should give due consideration to all of these factors when assessing the significance of a noise source.

The most widely used weighting mechanism that best corresponds to the response of the human ear is the 'A'-weighting scale. This is widely used for environmental noise measurement, and the levels are denoted as dB(A) or  $L_{Aeq}$ ,  $L_{A90}$  etc, according to the parameter being measured. The decibel scale is logarithmic rather than linear, and hence a 3 dB increase in sound level represents a doubling of the sound energy present. Judgement of sound is subjective, but as a general guide a 10 dB(A) increase can be taken to represent a doubling of loudness, whilst an increase in the order of 3 dB(A) is generally regarded as the minimum difference needed to perceive a change under normal listening conditions.

An indication of the range of sound levels commonly found in the environment is given in the following table.

Table A15.1.1: Range of Sound Levels Commonly Found in the Environment

Sound Level	Location
0 dB(A)	Threshold of hearing
20 to 30 dB(A)	Quiet bedroom at night
30 to 40 dB(A)	Living room during the day
40 to 50 dB(A)	Typical office
50 to 60 dB(A)	Inside a car
60 to 70 dB(A)	Typical high street
70 to 90 dB(A)	Inside factory
100 to 110 dB(A)	Burglar alarm at 1m away
110 to 130 dB(A)	Jet aircraft on take off
140 dB(A)	Threshold of pain

Table A15.1.2: Acoustic Terminology

dB (decibel)	The scale on which sound pressure level is expressed. It is defined as 20 times the logarithm of the ratio between the root-mean-square pressure of the sound field and a reference pressure ( $2 \times 10^{-5} \text{Pa}$ ).
dB(A)	A-weighted decibel. This is a measure of the overall level of sound across the audible spectrum with a frequency weighting (i.e. 'A' - weighting) to compensate for the varying sensitivity of the human ear to sound at different frequencies.
$L_{Aeq,T}$	$L_{Aeq}$ is defined as the notional steady sound level which, over a stated period of time (T), would contain the same amount of acoustical energy as the A - weighted fluctuating sound measured over that period.
$L_{Amax}$	$L_{Amax}$ is the maximum A - weighted sound pressure level recorded over the period stated. $L_{Amax}$ is sometimes used in assessing environmental noise where occasional loud noises occur, which may have little effect on the overall $L_{eq}$ noise level but will still affect the noise environment. Unless described otherwise, it is measured using the 'fast' sound level meter response.
$L_{10}$ and $L_{90}$	If a non-steady noise is to be described it is necessary to know both its level and the degree of fluctuation. The $L_n$ indices are used for this purpose, and the term refers to the level exceeded for n% of the time. Hence $L_{10}$ is the level exceeded for 10% of the time, and the $L_{90}$ is the level exceeded for 90% of the time.
Free-field Level	A sound field determined at a point away from reflective surfaces other than the ground with no significant contributions due to sound from other reflective surfaces. Generally as measured outside and away from buildings.
Façade Level	A sound field determined at a distance of 1m in front of a large sound reflecting object such as a building façade.

## Vibration

Vibration is defined as a repetitive oscillatory motion. Vibration can be transmitted to the human body through the supporting surfaces; the feet of a standing person, the buttocks, back and feet of a seated person or the supporting area of a recumbent person. In most situations, entry into the human body will be through the supporting ground or through the supporting floors of a building. Vibration is often complex, containing many frequencies, occurring in many directions and changing over time. There are many factors that influence human response to vibration. Physical factors include vibration magnitude, vibration frequency, vibration axis, duration, point of entry into the human body and posture of the human body. Other factors include the exposed persons experience, expectation, arousal and activity.

Experience shows that disturbance or annoyance from vibration in residential situations is likely to arise when the magnitude of vibration is only slightly in excess of the threshold of perception.

The threshold of perception depends on the frequency of vibration and the orientation of the individual. The human body is most sensitive to vibration in the vertical direction (head to toe) and in the frequency range 1-80Hz, and especially sensitive to vibration in the range 4-8Hz. As with noise, a frequency weighting mechanism is used to quantify vibration in a way that best corresponds to the frequency response of the human body. For occupants within buildings, the frequency weighting curve is defined in British Standard BS 6472: 2008: *Evaluation of human exposure to vibration in buildings* (BS 6472).

BS 6472 contains a series of base curves and multiplying factors relating to human response to vibration, and also introduces the concept of a "*vibration dose value*" that an occupant would receive over the course of a 16 hour day or 8 hour night-time period. The vibration dose value provides a means of specifying the frequency dependent vibration level of a given duration as a single number. Alternatively, vibration can be specified in terms of the peak velocity (peak particle velocity, or ppv) which, in addition to human response, provides a good correlation with the likelihood of vibration causing damage to buildings and structures.

Table A15.1.3: Terminology Relating to Vibration

Displacement, Acceleration and Velocity  Root Mean Square (r.m.s.) and Peak Values  Peak Particle Velocity (PPV)	Vibration is an oscillatory motion. The magnitude of vibration can be defined in terms of displacement (how far from the equilibrium position that something moves), velocity (how fast something moves), or acceleration (the rate of change of velocity). When describing vibration, one must specify whether peak values are used (i.e. the maximum displacement or maximum velocity) or r.m.s. / r.m.q. values (effectively an average value) are used. Standards for the assessment of building damage are usually given in terms of peak velocity (usually referred to as Peak Particle Velocity, or PPV), whilst human response to vibration is often described in terms of r.m.s. or r.m.q. acceleration.
Root Mean Square (r.m.s.)	The r.m.s. value of a set of numbers is the square root of the average of the squares of the numbers. For a sound or vibration waveform, the r.m.s. value over a given time period is the square root of the average value of the square of the waveform over that time period.
Root Mean Quad (r.m.q.)	The r.m.q. value of a set of numbers is the fourth root of the average of the fourth powers of the numbers. For a vibration waveform, the r.m.q. value over a given time period is the fourth root of the average value of the fourth power of the waveform over that time period.
Attenuation	A general term used to indicate the reduction of noise or vibration, or the amount (in decibels) by which it is reduced.
Amplification	A general term used to indicate the increase in noise or vibration, or the amount (in decibels) by which it is increased.