

From:
To: [Planning \(SMDC\)](#)
Subject: smd/2021/0230 Polly Tunnel approval
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I have been growing fruit and veg at the Polly tunnel this year and have found the experience very rewarding. I feel the pollytunnel helps the environment, by creating a near zero footprint. Fresh food to table with no transport, plastics, fertilisers or chemicals involved. It is also has an educational value for my grandchildren who love to visit the goats and chickens which they have seen grow from their birth. They are learning about planting and watering and gaining an understanding about where food comes from and how to grow it. They love being able to eat the produce from what they have planted. We have all helped Sarah to plant nearly 1000 trees which will benefit the local environment. The other benefit I have found is the mental health benefits of going to Rock End Stables. Just being in the Polly tunnel and tending to the plants in a calm environment where I can put my thoughts in order is helpful but add to that the animals and views and tranquil surroundings. I just feel so much better when I have visited. after tending to the plants, I love getting out my flax and breakfast, relaxing for a few minutes in the beautiful surroundings, as it sets me up for the day. If the Polly tunnel was not there I really feel it would be a deficit not only to myself but for the wider community.

Sent from my iPhone